



You will need

1 can of white beans
(chickpeas, cannellini beans or
butter beans)

2 tsp of Cream of Tartar

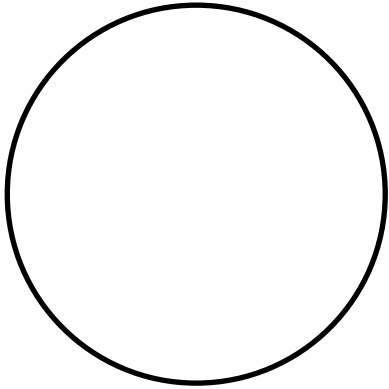
Electric whisk

Food colouring

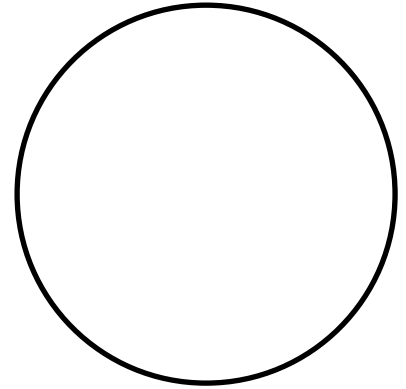
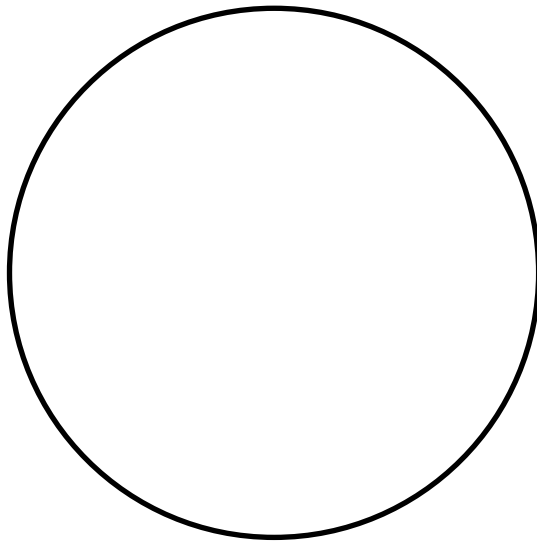
NATURAL *Sensory Foam*

1. Drain the liquid from a can of white beans.
2. Add the liquid (aquafaba) and the cream of tartar to a bowl and whisk for 5-7 minutes.
3. Add a few drops of food colouring to the foam during the last minute of whisking.

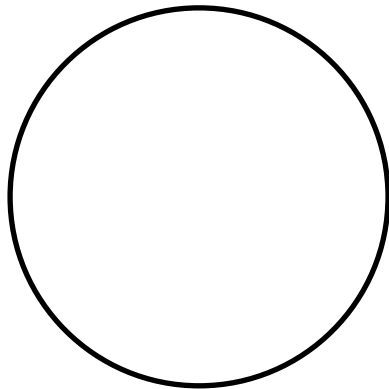
MIX it up!



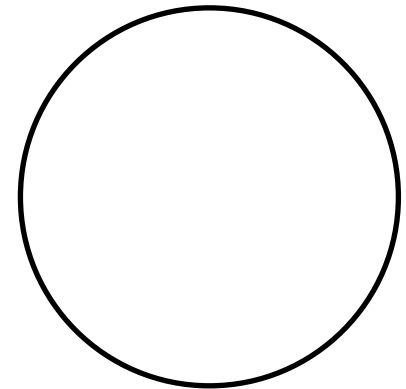
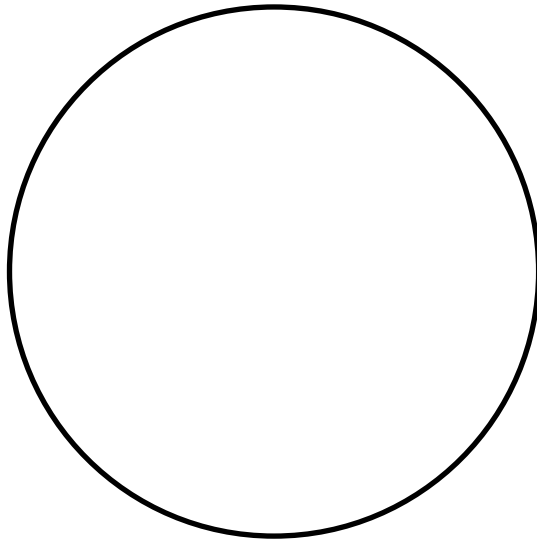
Blue



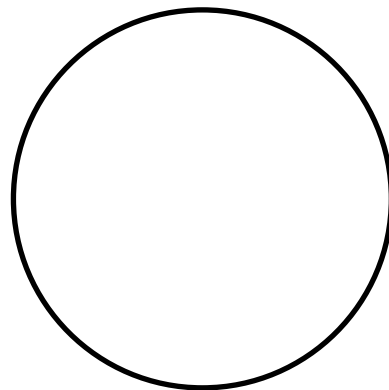
Yellow



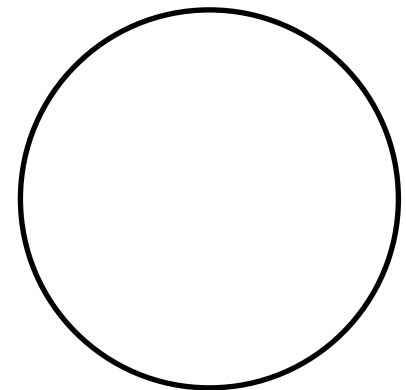
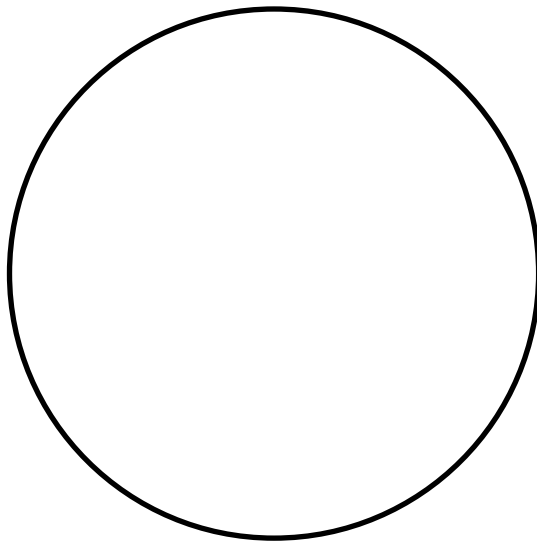
Red



Blue



Yellow



Red